

## **SUMMER WEEK 2 LUNCH CHOICES**

### **SUNDAY**

Scallops Wrapped in Bacon  
Soup of the Day: Spinach & Tortellini

Prime Rib Au Jus with Horseradish Cream  
Orange Chicken

White Rice  
Baked Potato & Sour Cream

Mushrooms & Onions  
4 Way Mixed Vegetables

Ice Cream Sundae  
Mud Bar

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### **MONDAY**

Waldorf Salad  
Soup of the Day: Cream of Mushroom

Baked Salmon with Soy Ginger Glaze  
Sloppy Joe

Egg Noodles  
Corn O'Brien

Broccoli  
Harvard Beets

Butterscotch Pudding  
Pear Pastry Square

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### **TUESDAY**

Shrimp Cocktail  
Soup of the Day: Italian Wedding

Roast Pork Tenderloin with Caramelized Onions  
Grilled Chicken Caesar Salad

Parslied Potatoes  
Italian Bread

Zucchini Squash  
Green Beans

Peaches  
Chocolate Cream Pie

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### **WEDNESDAY**

Watermelon Feta Mint Salad  
Soup of the Day: Fish Chowder

All Beef Franks  
Angus Beef Burger Or Veggie Burger

Pasta Salad  
French Fries

Grilled Eggplant  
Capri Blend Vegetables  
*Carrot, Zucchini, Squash, Green Beans*

Assorted Novelty Ice Cream Selection

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### **THURSDAY**

Pigs in a Blanket  
Soup of the Day: French Onion

New England Corn Beef Dinner  
Lemon Pepper Chicken Thigh

Turnip  
Boiled Potato

Cabbage  
Carrots

Bread Pudding  
Spice Cake

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### **FRIDAY**

Red Bean, Feta & Pepper Salad  
Soup of the Day: Tomato

Baked Haddock with Lobster Sauce  
Cheese OR Hamburger, Pepper & Onion Pizza

Wild Rice  
Pesto Pasta Salad

Roast Brussel Sprouts  
Snap Peas & Red Pepper

Cranberry Crisp  
Congo Bar

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### **SATURDAY**

Fresh Fruit & Cottage Cheese  
Soup of the Day: Sweet Summer Corn

Pot Roast with Gravy  
Turkey & Cheddar Wrap with Lettuce & Tomato

Mashed Potato  
Peas & Carrots

Zucchini & Tomato  
Spinach

Raspberry Jell-O  
Boston Cream Pie

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\*\*All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

## **SUMMER WEEK 2 SUPPER CHOICES**

### **SUNDAY**

Carrot Raisin Salad  
Soup of the Day: Spinach & Tortellini

Baked Eggplant Parmesan  
Turkey Stew

Biscuit  
Bow Tie Pasta Marinara

Roasted Vegetables  
Fresh Green Beans in Garlic Oil

Orange Jell-O  
Blueberry Cake

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### **MONDAY**

Four Bean Salad  
Soup of the Day: Cream of Mushroom

Chef Salad: Turkey, Ham, Swiss & Egg  
Spaghetti & Meatballs

Garlic Bread  
Macaroni Salad

Spinach  
California Blend Vegetables  
*Broccoli, Carrot, Cauliflower*

Lemon Lime Whip  
Macaroons

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### **TUESDAY**

Feta Spinach Orange Olive Salad  
Soup of the Day: Italian Wedding

Black Bean & Cheese Enchiladas  
Cranberry Walnut Chicken Salad on a Croissant  
*Pickles & Chips Baked low fat & Salt-Free chips available*

Spanish Rice  
Kettle Chips

Apple Slaw  
Asparagus

Choice Ice Cream Cup  
Baker's Choice Dessert

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### **WEDNESDAY**

Crab Stuffed Mushrooms  
Soup of the Day: Fish Chowder

Baked Chicken Wings: Bleu Cheese or Ranch Dip  
Beef & Rice Stuffed Peppers with Tomato Sauce Topping

Potato & Egg Salad  
Baked Sweet Potato

Buttered Brussel Sprouts  
Onion Rings

Vanilla Pudding  
Cream Cheese Brownie

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### **THURSDAY**

Carrot & Celery Sticks with Ranch  
Soup of the Day: French Onion

Grilled Ham Steak with Pineapple Ring  
Baked Scallops with Crumb Topping

Rice Pilaf  
Mashed Potato

Broccoli  
Honey Dill Baby Carrots

Pears  
Apple Turnovers

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### **FRIDAY**

Red Pepper Hummus & Naan  
Soup of the Day: Tomato

Mushroom & Leek Egg Bake  
BBQ Grilled Chicken

Summer Squash with Basil  
Roasted Vegetables

Sweet Potato Fries  
Corn Muffin

Chocolate Pudding  
Angel Cake with Strawberries

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### **SATURDAY**

Shrimp Cocktail with Lemon  
Soup of the Day: Sweet Summer Corn

Clam Cakes  
Shredded Chicken Taco Salad Plate

French Fries  
Buttermilk Biscuit

Cole Slaw  
Sliced Carrots

Choice Ice Cream Cup  
Baker's Choice Cookies

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\*\*All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option