

FALL WINTER WEEK 2 LUNCH CHOICES

SUNDAY

Petite Greek Salad Soup of the Day: Minestrone

Baked Salmon with Piccata Sauce
Prime Rib Au Jus

Wild Rice Beets
Butternut Squash Parsnips

Build Your Own Ice Cream Sundae
Peanut Butter Cookies

MONDAY

Pigs in a Blanket Soup of the Day: Split Pea

Ham Roast with Orange Glaze
Turkey Club Salad Plate

Sweet Potato Fries Spinach
Mashed Potatoes Capri Blend Veggies
Beans *Carrot, Zucchini, Summer Squash, Green*

Crème Puff Strawberry Whip

TUESDAY

Red Pepper Hummus with Naan Bread
Soup of the Day: Italian Wedding

Beer Battered Shrimp with Tartar
Hamburger, Cheeseburger Or Veggie Burger

French Fries Cole Slaw
Yams Broccoli

Boston Cream Pie Mandarin Oranges

WEDNESDAY

Petite Cobb Salad Soup of the Day: Spinach Tortellini

Grilled Salmon with Mango Salsa
Pulled Pork & Cheddar Quesadilla

Baked Potato Wedges Roasted Mixed Vegetables
Refried Pinto Beans Cauliflower

Congo Bars Tapioca Pudding

THURSDAY

Deviled Eggs Soup of the Day: Butternut Squash & Apple

Beef & Rice Stuffed Cabbage
Garlic Teriyaki Chicken Thigh

Parslied Potatoes Honey Dill Baby Carrots
Black Beans Sautéed Mushrooms

Pumpkin Cake Bread Pudding

FRIDAY

Fresh Pineapple Soup of the Day: French Onion

Baked Scallops with Crumb Topping
Sausage Pizza or Onion, Pepper, Olive Pizza

Au Gratin Potato Zucchini
Wild Rice California Blend Veggies
Broccoli, Carrots, Cauliflower

Choice Ice Cream Cup or Baker’s Choice Cookies

SATURDAY

Mediterranean Chickpea Salad
Soup of the Day: Chicken & Shells

Clam Cakes with Tartar Sauce
Ground Beef Taco Salad Plate with Tortilla Chips

Waffle Fries French Cut Green Beans
Corn Cole Slaw

Blonde Brownies Chocolate Cherry Crumble

**All Desserts have a Sugar-Free option
**All Ice Cream has Lactose-Free option

FALL WINTER WEEK 2 SUPPER CHOICES

SUNDAY

Mixed Greens Salad Soup of the Day: Minestrone

3 Cheese Lasagna
Sliced Roast Beef & Swiss on Roll
with Bistro Sauce, Pickle & Chips

Green Beans Corn
Apple Slaw Garlic Bread

Mud Bars Butterscotch Pudding

MONDAY

Red Bean Salad with Feta & Peppers
Soup of the Day: Split Pea

Broccoli, Cheddar & Red Pepper Quiche
Sloppy Joe Sandwich

Sautéed Eggplant & Tomato Buttered Egg Noodles
Summer Squash Baked Potato
w/Sour Cream

Key Lime Pie Cherry Jell-O

TUESDAY

Asian Pot Stickers Soup of the Day: Italian Wedding

Tuna Melt on Multigrain
Sweet & Sour Meatballs

Peas & Carrots Sautéed Bok Choy
White Rice Stir Fry Blend
Water Chestnut, Green Beans, Carrots, Pea Pods

Apple Crisp Baker’s Choice Dessert

WEDNESDAY

Spanakopita Soup of the Day: Spinach Tortellini

Chicken Filet on a Bun
with Lettuce, Tomato & Honey Mustard
Eggplant Parmesan

Carrot Raisin Salad Bowtie Pasta
Broccoli Garlic Bread

Choice Ice Cream Cup Almond Cookies

THURSDAY

Spinach, Olive, Feta & Red Onion Salad
Soup of the Day: Butternut Squash & Apple

Baked Haddock Florentine
Open-Faced Pot Roast Sandwich with Gravy

Broccoli Peas
Wax Beans with Red Peppers Basmati Rice

Whoopie Pie Fruit Cocktail

FRIDAY

Crackers & Pub Cheese Soup of the Day: French Onion

Western Omelet
Lemon Pepper Chicken Breast Salad Plate

Brussel Sprouts Home fries
Asparagus Croissant

Blueberry Shortcake Rice Pudding

SATURDAY

Potato Pancakes with Apple Sauce & Sour Cream
Soup of the Day: Chicken & Shells

Pork Roast Tenderloin with Gravy (or Plain)
Shepherd’s Pie

Snap Peas Garlic Bread
Braised Cabbage Baked Sweet Potato

Apple Turnover Raspberry Jell-O

**All Desserts have a Sugar-Free option
**All Ice Cream has Lactose-Free option