

<u>SUMMER WEEK 2 LUNCH CHOICES</u>	
<u>SUNDAY</u>	
Scallops Wrapped in Bacon	Soup of the Day: Spinach & Tortellini
Prime Rib Au Jus with Horseradish Cream Shake & Bake Chicken with Gravy & Cranberry Sauce	
Wild Grain Rice	Mushrooms & Onions
Baked Potato & Sour Cream	4 Way Mixed Vegetables
Ice Cream Sundae	Mud Bar

<u>MONDAY</u>	
Waldorf Salad	Soup of the Day: Cream of Mushroom
Baked Salmon with Soy Ginger Glaze Sloppy Joe	
Rosemary Red Potatoes	Broccoli
Corn O’Brien	Harvard Beets
Butterscotch Pudding	Pear Pastry Square

<u>TUESDAY</u>	
Shrimp Cocktail	Soup of the Day: Italian Wedding
Roast Pork Tenderloin with Caramelized Onions Grilled Chicken Caesar Salad	
Parslied Potatoes	Zucchini Squash
Italian Bread	Green Beans
Peaches	Chocolate Cream Pie

<u>WEDNESDAY</u>	
Watermelon Feta Mint Salad	Soup of the Day: Fish Chowder
All Beef Franks Angus Beef Burger Or Veggie Burger	
Pasta Salad	Grilled Eggplant
French Fries	Capri Blend Vegetables
	<i>Carrot, Zucchini, Squash, Green Beans</i>
Assorted Novelty Ice Cream Selection	

<u>THURSDAY</u>	
Pigs in a Blanket	Soup of the Day: French Onion
New England Corn Beef Dinner Lemon Pepper Chicken Thigh	
Turnip	Cabbage
Boiled Potato	Carrots
Bread Pudding	Spice Cake

<u>FRIDAY</u>	
Red Bean, Feta & Pepper Salad	Soup of the Day: Tomato
Baked Haddock with Lobster Sauce Cheese OR Hamburger, Pepper & Onion Pizza	
Wild Rice	Roast Brussel Sprouts
Pesto Pasta Salad	Snap Peas & Red Pepper
Cranberry Crisp	Congo Bar

<u>SATURDAY</u>	
Fresh Fruit & Cottage Cheese Plate	Soup of the Day: Sweet Summer Corn
Pot Roast with Gravy Ham Salad on Marble Rye	
Mashed Potato	Zucchini & Tomato
Peas & Carrots	Spinach
Raspberry Jell-O	Boston Cream Pie

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

<u>SUMMER WEEK 2 SUPPER CHOICES</u>	
<u>SUNDAY</u>	
Carrot Raisin Salad	Soup of the Day: Spinach & Tortellini
Baked Eggplant Parmesan Turkey Stew	
Biscuit	Roasted Vegetables
Bow Tie Pasta Marinara	Fresh Green Beans in Garlic Oil
Orange Jell-O	Blueberry Cake

<u>MONDAY</u>	
Four Bean Salad	Soup of the Day: Cream of Mushroom
Chef Salad: Turkey, Ham, Swiss & Egg Spaghetti & Meatballs	
Garlic Bread	Spinach
Macaroni Salad	California Blend Vegetables
Lemon Lime Whip	<i>Broccoli, Carrot, Cauliflower</i> Macaroons

<u>TUESDAY</u>	
Feta Spinach Orange Olive Salad	Soup of the Day: Italian Wedding
Black Bean & Cheese Enchiladas Cranberry Walnut Chicken Salad on a Croissant Pickles & Chips	
	<i>Baked low fat & Salt-Free chips available</i>
Spanish Rice	Apple Slaw
Kettle Chips	Asparagus
Choice Ice Cream Cup	Baker’s Choice Dessert

<u>WEDNESDAY</u>	
Crab Stuffed Mushrooms	Soup of the Day: Fish Chowder
Baked Chicken Wings: Bleu Cheese or Ranch Dip Beef & Rice Stuffed Peppers with Tomato Sauce Topping	
Potato & Egg Salad	Buttered Brussel Sprouts
Baked Sweet Potato	Onion Rings
Vanilla Pudding	Cream Cheese Brownie

<u>THURSDAY</u>	
Carrot & Celery Sticks with Ranch	Soup of the Day: French Onion
Grilled Ham Steak with Pineapple Ring Baked Scallops with Crumb Topping	
Rice Pilaf	Broccoli
Mashed Potato	Honey Dill Baby Carrots
Pears	Apple Turnovers

<u>FRIDAY</u>	
Red Pepper Hummus & Naan	Soup of the Day: Tomato
Mushroom & Leek Egg Bake BBQ Grilled Chicken	
Summer Squash with Basil	Sweet Potato Fries
Roasted Vegetables	Corn Muffin
Chocolate Pudding	Angel Cake with Strawberries

<u>SATURDAY</u>	
Shrimp Cocktail with Lemon	Soup of the Day: Sweet Summer Corn
Clam Cakes Shredded Chicken Taco Salad Plate	
French Fries	Cole Slaw
Buttermilk Biscuit	Sliced Carrots
Choice Ice Cream Cup	Baker’s Choice Cookies

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