

SUMMER WEEK 1 LUNCH CHOICES		SUMMER WEEK 1 SUPPER CHOICES	
<u>SUNDAY</u>		<u>SUNDAY</u>	
Crab Cake with Garlic Aioli Soup of the Day: Potato Leek		Spinach Mushroom Orange Salad Soup of the Day: Potato Leek	
Roast Turkey with Gravy & Cranberry Sauce Maple Dijon Baked Ham		Baby Shrimp & Sausage Jambalaya Grilled Pork Tenderloin Medallions with Apple Sauce	
Bread Stuffing Mashed Sweet Potato	Asparagus Baby Carrots	White Rice Baked Potato Wedges	Broccoli Japanese Blend Veg <i>Mushroom, Onion, Broccoli, Beans, Red Pepper</i>
Ice Cream Sundae	Almond Cookies	Apple Pie	ChocolatePudding
<u>MONDAY</u>		<u>MONDAY</u>	
Red Pepper Hummus with Naan Bread Soup of the Day: Vegetable		Pigs in a Blanket Soup of the Day: Vegetable	
Chicken Thigh with Pesto Cream Sauce Sweet & Sour Meatballs		Cheddar, Tomato & Spinach Scramble Roast Beef & Swiss Sub with Lettuce & Tomato Pickle & Chips <i>Baked low fat & Salt-Free chips available</i>	
Egg Noodles Mashed Potato	Green Beans Veggie Kale Blend	Macaroni Salad Croissant	Summer Squash Mushrooms with Thyme & Garlic
Mandarin Oranges	Baker’s Choice	Strawberry Shortcake	Oatmeal Cookie
<u>TUESDAY</u>		<u>TUESDAY</u>	
Spanakopita Soup of the Day: Chicken Rice		Mediterranean Chickpea Salad Soup of the Day: Chicken Rice	
Hamburger or Veggie Burger with Lettuce & Tomato Baby Shrimp Alfredo		Shepherd’s Pie Vegetable Lasagna	
Linguini Pasta with Alfredo Sauce Sweet Potato Fries	Snap Peas Capri Blend Veggies <i>Zucchini, Squash, Carrot, Green Beans</i>	Garlic Knot Peas	Broccoli with Red Pepper Sliced Carrots
Vanilla Custard	Brownies	Choice Ice Cream Cup	Blueberry Turnover
<u>WEDNESDAY</u>		<u>WEDNESDAY</u>	
Seasonal Fresh Fruit with Cottage Cheese Soup of the Day: Chilled Strawberry		Petite Cobb Salad Soup of the Day: Chilled Strawberry	
Grilled Chicken Sausage with Peppers & Onions on a Bun BBQ Baby Back Ribs		Fried Haddock with Tartar Sauce Liver & Onions	
Corn on the Cobb Red Bliss Potato Salad	Cauliflower Summer Squash	French Fries Mashed Potato	Apple Slaw Beets
Assorted Novelty Ice Cream Selection		Marble Cake with Chocolate Frosting Pear Crisp	
<u>THURSDAY</u>		<u>THURSDAY</u>	
Red Bean Salad with Feta Cheese & Peppers Soup of the Day: Beef Barley		Tomato Basil Mozzarella Salad Soup of the Day: Beef Barley	
Chicken Cordon Bleu with White Sauce Salmon Caesar Salad		Eggplant Parmesan Shredded Steak Quesadilla	
Peas Mashed Sweet Potato	Broccoli Honey Glazed Carrots	Spanish Rice Cheese Tortellini Salad	Wax Beans Roasted Veggies
Cream Puff	Ambrosia	Blonde Brownie	Pistachio Pudding
<u>FRIDAY</u>		<u>FRIDAY</u>	
Crackers & Cheese Soup of the Day: Thai Coconut Vegetable		Petite Strawberry Spinach Salad with Feta & Red Onion Soup of the Day: Thai Coconut Vegetable	
Artichoke & Feta Quiche Pulled BBQ Pork Sandwich		Teriyaki Grilled Chicken Breast Pepperoni OR Spinach, Red Pepper & Onion Pizza	
Rice Pilaf Baked Potato	Summer Ratatouille California Blend Veggies <i>Broccoli, Carrots, Cauliflower</i>	Sweet Potato Fries Cold Sesame Noodles	Spinach Sautéed with Garlic Oil Broccoli
Peach Pie	Raspberry Jell-0 w/ Fruit Cocktail	Apple Sauce	Baker’s Choice Cookies
<u>SATURDAY</u>		<u>SATURDAY</u>	
Carrots & Celery with Onion Dip Soup of the Day: Vegetable Chili		Sliced Watermelon Soup of the Day: Vegetable Chili	
Chicken Cacciatore Beer Battered Shrimp with Tartar Sauce		Baked Macaroni & Cheese Tuna Spinach Cobb Salad Plate	
Penne Pasta Potato Pancakes	Zucchini Cole Slaw	Stewed Tomato Waffle Fries	Veggie Kale Blend Pesto Cucumber,Tomato & Mozzarella Salad
Apricot	Lemon Cupcake	Choice Ice Cream Cup	Bismark
**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option		**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option	