

SPRING WEEK 4 LUNCH CHOICES

SUNDAY

Shrimp Cocktail
Prime Rib Au Jus with Horseradish Cream Sauce
Braised Balsamic Chicken Thigh
Brown Rice
Mashed Potato
Build Your Own Ice Cream Sundae

Soup of the Day: Potato Leek
Roast Mushrooms
Zucchini
Banana Cake

MONDAY

Grapes & Gouda Cheese
Roast Beef on a Onion Roll w/Lettuce & Tomato
Spaghetti & Meatballs
Potato Salad
Tater Tots
Brownie

Soup of the Day: Corn Chowder
Asparagus
Green Beans
Lemon Whip

TUESDAY

Petite Cobb Salad
Maine Crabmeat Roll
Baked Chicken Thigh Paprika
Four Bean Salad
Mashed Potato
Baker's Choice Dessert

Soup of the Day: Italian Pasta & Chickpea
Lemon Poppy Seed Cole Slaw
Sliced Beets
Mandarin Orange

WEDNESDAY

Spanakopita
Chef Special
Three Cheese Lasagna
Chef Choice
Butternut Squash
Pineapple Mousse Pie

Soup of the Day: Cream of Tomato
Chef Choice
Wax Beans
Rice Pudding

THURSDAY

Fresh Fruit Cup w/ Cottage Cheese
BBQ Chicken Thigh
Grilled Ham Steak with Pineapple Rings
Dinner Rolls
Baked Potato
Chocolate Almond Cookies

Soup of the Day: Chicken Rice
Summer Squash
Snap Peas
Apple Sauce

FRIDAY

Crackers & Cheddar Cheese
Baked Haddock with Crumb Topping
Cheese Or Spinach, Feta & Red Pepper Pizza
Peas
Rice Pilaf
Ice Cream Cup

Soup of the Day: Clam Chowder
Cauliflower
Capri Blend Vegetables
Carrot, Zucchini, Summer Squash, Green Beans
Baker's Choice Cookies

SATURDAY

Fresh Pineapple
Grilled Shrimp Caesar Salad
Frank & Beans with Red Relish
Waffle Fries
Brown Bread
Peach Shortcake

Soup of the Day: Beef Barley
Carrots
Green Beans
Chocolate Pudding

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

SPRING WEEK 4 SUPPER CHOICES

SUNDAY

Petite Baby Kale Caesar Salad
Beef Stew
Cheese Omelet
Blueberry Muffin
Roasted Red Potato
Raspberry Jell-O

Soup of the Day: Potato Leek
Broccoli
Roasted Brussel Sprouts
Pecan Pie

MONDAY

Carrot Raisin Salad
Lemon Piccata Chicken
Beer Battered Shrimp with Tartar Sauce
Onion Rings
Cous Cous
Pear Pastry Squares

Soup of the Day: Corn Chowder
Cauliflower
Key Largo Vegetables
Green Beans, Carrots, Red Pepper
Pineapple Tidbits

TUESDAY

Petite Caesar
Swedish Meatballs
Filet of Cod with Pesto Cream Sauce
Buttered Noodles
Wild Rice
Lemon Cookies

Soup of the Day: Italian Pasta & Chickpea
Ratatouille
Spinach
Vanilla Pudding

WEDNESDAY

Petite Chef Salad
Turkey Meatloaf & Gravy
Tuna & Swiss Melt on Rye with Sliced Tomato
Mashed Sweet Potato
Peas
Ice Cream Cup

Soup of the Day: Cream of Tomato
Pickles & Chips Available
Asparagus
Marinated Cucumber & Tomato
Cream Horn

THURSDAY

Feta, Orange & Red Onion Spinach Salad
Hamburger, Cheeseburger or Veggie Burger
Fettucine Alfredo with Chicken
Sweet Potato Fries
Fettucine Alfredo
Gingerbread

Soup of the Day: Chicken Rice
Broccoli
Sautéed Garlic Mushrooms
Grapenut Custard

FRIDAY

Mozzarella, Tomato, Cucumber & Pesto Salad
Baked Rosemary Chicken Thigh
Crab Cake with Roasted Red Pepper Aioli
Oven Browned Paprika Potatoes
Potato Wedges
Strawberry Mousse Pie

Soup of the Day: Clam Chowder
Roasted Vegetables
Spinach
Cranberry Crisp

SATURDAY

Cranberry, Walnut, Feta & Spinach Salad
Baked Macaroni & Cheese
Grilled Pork Medallions w/ Applesauce
Mashed Potato with Chives
Yams
Apple Squares

Soup of the Day: Beef Barley
Stewed Tomatoes
Red Kale
Lemon Jell-O

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option