

# 2023 Year in Review



## Resident Life

- 75 State Street residents won The Leading Age award for resident leadership for their campaign 75 State Street for Peace.
- We completed Views from 75 State Street, a collaborative art project between MECA, East End artist volunteers and 75 State Street residents.
- Our Maine Explorers Program made good use of our new bus with visits to Hacker's Hill Preserve in Casco, Sebago Brewing Tasting Room in Gorham, and Portland Headlight in Cape Elizabeth, and other area destinations.

## Campus Upgrades

- Building improvements in 2023 included a new roof, upgrades to our HVAC system to bring air conditioning to more common areas.
- Several common areas received new carpet, lighting, paint, and furniture making the areas more comfortable and welcoming.
- Four raised beds in our community garden were rebuilt at the start of the growing season.

## Staff Professional Development

- Direct care staff receive ongoing training and all interested staff can take advantage of pathways to career advancement opportunities.
- All 75 State Street staff completed Diversity, Equity, and Inclusion training.
- Through a collaboration with University of Southern Maine, all managers completed supervisory training.
- Dining and certified residential medication aide staff were cross-trained between independent living and assisted living departments.

## Operations

- In 2023, the trend of rising inquiries continued with an increase of more than 15% over the previous year.
- Occupancy rates have remained high and our waiting list for retirement apartments with full kitchens has doubled.

# Your Support Makes a Difference

Everyone at 75 State Street extends our heartfelt gratitude for the generous support of our donors who play a vital role in enhancing the lives of our residents and ensuring a warm, caring environment for their retirement years. Thank you for making a positive impact and helping us create a thriving community.

# \$81,100

TOTAL OF FUNDS DONATED IN 2023

“Since moving to 75 State Street what I most appreciate is how the administration listens to resident concerns as this is far from the case in other communities. The community celebrates resident creativity and activism, and the kindness of direct staff can not be overstated. Care is provided with compassion, kindness and good humor. I love living in a historic neighborhood so close to the harbor and all the city has to offer. I feel like I’m back in graduate school surrounded by stimulating conversation and the opportunity to learn daily.”

— Gina Rose

