



2022 Community Impact Report

Retirement and Assisted Living in the Heart of Downtown Portland

Located in the historic West End neighborhood of Portland, Maine, 75 State Street is a nonprofit retirement community offering a continuum of care. Our mission is to promote the independence, dignity, and individuality of older people of varied financial abilities by offering supportive programs and services in an urban residential setting.



Dear Friends of 75 State Street,

Looking back at 2022, it's heartwarming to know that we succeeded in gradually moving past COVID restrictions with careful and collaborative planning. We were able to resume the types of events and activities at 75 State Street that infused a renewed joy and meaning throughout our facility.

Residents have been living full, active lives, represented by an array of engaging projects and individual interests. They displayed artwork, organized an outdoor vigil for global peace, took part in exercise classes, and enjoyed our outdoor spaces.

The Greater Portland community assisted us considerably by recognizing 75 State Street's value as a place that offers a high-quality continuum of care for older adults. Our supporters were generous with their giving this past year and, for that, we are so grateful.

We look forward to making 2023 another successful and fulfilling year for the 75 State Street community.

With many thanks,



Julia Redding, DO
Board of Trustees Chair



Katy Smith
Vice President of Senior Living



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The Year in Review

Resident Life

2022 was a year of resuming in-person events! Over the course of the year, we hosted four open house events for prospective residents, a holiday party for residents and their families, and public art shows in conjunction with Portland's First Friday Art Walk.

Our Maine Explorers Program visited UNH Museum of Art, Maine Jewish Museum, Bug Light Park, and many other local destinations.

In collaboration with Ageility, a rehabilitation services provider, we now offer a range of personalized, onsite services such as physical and occupational therapy.

Campus Upgrades

We continue to make regular improvements to our campus to create a better experience for our residents. In 2022, common areas in our assisted living areas received significant upgrades. We also added a resident computer area and renovated the fitness room in conjunction with the addition of Ageility services.

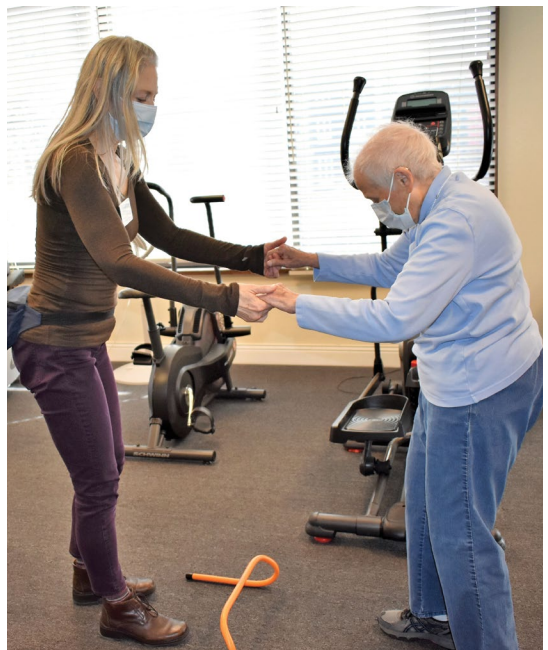
Outdoor areas were refreshed with new landscaping, patio furniture, and level walking surfaces, making them accessible for all residents.

Staff Professional Development

We strive to create strong teams, meaningful career growth, and an outstanding work environment for all 75 State Street staff. All staff receive training updates each year, and in 2022, several staff members took part in specialized training that will help them progress in their careers as healthcare professionals. Extensive training and professional development opportunities result in stellar resident care and satisfied staff.

Operations

In 2022, we fielded twice as many inquiries as the previous year. The demand for retirement communities has risen significantly, and as a result, the occupancy rate at 75 State Street has remained high.





Your Support Makes a Difference

As a nonprofit organization, 75 State Street relies on the generous support of friends and neighbors to provide a safe, caring, and engaging community for our residents. Donations allow us to deliver exceptional services, activities, and facilities in our historic retirement and assisted living community.

\$179,449

TOTAL OF FUNDS DONATED IN 2022

Thank you to all who support our mission!

"When my parents were no longer able to care for themselves, my brother and I toured a number of assisted living places. 75 State Street was by far the most outstanding. We love the family feeling. The front door staff are so pleasant and friendly. And the staff who come by my parents' room while I am visiting are inclusive and respectful. My only regret is that my parents didn't move in sooner."

— Jennifer