

WINTER WEEK 2 LUNCH CHOICES	
SUNDAY	
Fresh Berries & Cottage Cheese	Soup of the Day: Minestrone
Prime Rib Au’Jus	
Corn Bread Stuffed Chicken Breast	With Cranberry Sauce & Gravy
Butternut Squash	Broccoli
Mashed Potato	4 Way Mixed Veggies
Build Your Own Sundae	Cherry Pie

MONDAY	
Petite Cobb Salad	Soup of the Day: Italian Pasta & Chickpea
Chicken Noodle Casserole	
Vegetable Lasagna	
Wild Rice	Baby Spinach with Garlic Oil
Bread Sticks	Vegetable Ratatouille
Bismarck	Peaches

TUESDAY	
Honey BBQ Wings with Ranch or Bleu Cheese Dip	Soup of the Day: Veggie Chili
Bean & Cheese Enchiladas	
Sauteed Shrimp with Mango Salsa	
Cous Cous	Baby Carrots
Spanish Rice	Japanese Blend
	(Green Beans, Red Pepper, Mushroom, Onion, Broccoli)
Raisin Spice Cookies	Butterscotch Pudding

WEDNESDAY	
Spanakopita	Soup of the Day: Cream of Carrot
Baked Cod with Fresh Lemon Wedge	
Chicken Cacciatore	
Garlic Knot	Bok Choy
Linguini with Butter	Asparagus
or Cacciatore Sauce	
Strawberry Mousse Pie	Tapioca Pudding

THURSDAY	
Petite Chef Salad	Soup of the Day: 3 Sisters Soup
Baked Eggplant Parmesan	
Grilled Pork Medallions with Caramelized Onions	
Mashed Potato	Spinach
Cheese Tortellini	Broccoli
Mandarin Oranges	Chocolate Cake

FRIDAY	
Crackers & Pub Cheddar Cheese Spread	Soup of the Day: Potato Leek
Baked Scallops with Crumb Topping	
Cheese or Feta, Red Pepper, Spinach Pizza	
Rice Pilaf	Red Kale
Roasted Harvest Vegetables	Brussels Sprouts
Ice Cream Cup	Baker’s Choice Cookies

SATURDAY	
Tomato, Basil Mozzarella Salad	Soup of the Day: Chicken Noodle
Baked Beans & Franks with Red Relish	
Shake & Bake Pork Cutlet with Gravy & Apple Sauce	
Brown Bread	Cauliflower
Potato Pancakes	Maple Dill Carrots
Rice Pudding	Blueberry Shortcake

\*\*All desserts have a Sugar-Free option &  
all Ice Cream has Lactose-Free option

WINTER WEEK 2 SUPPER CHOICES	
SUNDAY	
Petite Spinach, Egg & Bacon Salad	Soup of the Day: Minestrone
American Chop Suey	
Grilled Tuna Melt on Rye	
Herbed Garlic Bread	Cole Slaw
French Fries	Carrots
Lemon Jell-O	M & M Cookies

MONDAY	
Petite Tossed Salad	Soup of the Day: Italian Pasta & Chickpea
Crab Stuffed Haddock with White Sauce	
Roast Beef & Swiss on Onion Roll with Pickles & Chips	
	Low fat baked & Salt-free Chips available
Macaroni Salad	Summer Squash
Baked Sweet Potato	Garlic Green Beans
Spice Cake	Ambrosia

TUESDAY	
Carrot Raisin Salad	Soup of the Day: Veggie Chili
Clam Cakes with Tartar Sauce	
Turkey Burgers on Bun with Lettuce & Tomato	
Corn O’Brien	Beet & Onion
Waffle Fries	Roasted Brussels Sprouts
Apple Sauce	Baker’s Choice Dessert

WEDNESDAY	
Petite Caesar Salad	Soup of the Day: Cream of Carrot
Shepherd’s Pie	
Ham & Cheese Sub with Pickles & Chips	
Sweet Potato Fries	Sautéed Mushrooms
Four Bean Salad	California Blend Vegetables
	Broccoli, Carrots, Cauliflower
Ice Cream Cup	Pear Pastry Square

THURSDAY	
Kale Slaw	Soup of the Day: 3 Sisters Soup
Beef & Bean Burritos with Salsa & Sour Cream	
Garlic Sesame Salmon	
Brown Rice	Carrots and Celery
Naan Bread	Capri Blend Vegetables
	Green Beans, Carrots, Zucchini, Squash
Peanut Butter Cookies	Bread Pudding

FRIDAY	
Fresh Berries & Cottage Cheese	Soup of the Day: Potato Leek
Western Omelet	
Grilled Pastrami & Swiss on Rye	
Hash Brown Patty	Green Beans
Corn Muffin	Cucumber Slaw
Apple Crisp	Key Lime Pie

SATURDAY	
Petite Mixed Green Salad	Soup of the Day: Chicken Noodle
Chicken Tenders with Dipping Sauce	
Beef & Rice Stuffed Cabbage	
Black Beans	Granny Smith Apple Slaw
Waffle Fries	Zucchini
Brownies	Orange Jell-O

**Week 2: 12/24-12/30, 1/21-1/27,2/18-2/24, 3/17-3/23**