

WINTER WEEK 1 LUNCH CHOICES	
SUNDAY	
Crab Cakes with Roasted Garlic Aioli Soup of the Day: Roasted Pumpkin & Coconut	
Seafood Newburg over Puff Pastry Baked Herbed Chicken Thigh	
Baked Sweet Potato Mashed Potato	Harvard Beets Cream Pearl Onions
Ice Cream Cup	Apple Pie

MONDAY	
Petite Chef Salad	Soup of the Day: Broccoli & Cheddar
Roast Pork Tenderloin with Apple Sauce & Gravy Shrimp Scampi over Bowtie Pasta	
Bowtie Pasta with Garlic Butter Apple Stuffing	Green Beans Capri Blend Vegetables <i>Zucchini, Squash, Carrot, Green Bean</i>
Baker’s Choice Dessert	Pineapple Tidbits

TUESDAY	
Petite Tossed Salad	Soup of the Day: Chicken Noodle
Fried Haddock Sloppy Joe Sandwich	
French Fries Buttered Egg Noodles	Apple Slaw Cauliflower with Red Pepper
Almond Cookies	Chocolate Pudding

WEDNESDAY	
Red Bean Salad with Feta & Peppers	Soup of the Day: French Onion
Baked Salmon with Mango Salsa Spaghetti & Meatballs Marinara	
Spaghetti Pasta w/Butter or Marinara Herbed Garlic Bread	Asparagus Fresh Spinach
Cranberry Cake	Vanilla Custard

THURSDAY	
Grapes	Soup of the Day: Vegetable Barley
Boiled Corned Beef Dinner Quiche Lorraine with Croissant	
Turnip & Parsnip Boiled Potato	Green Cabbage Carrots
Peach Mango Whip	Oatmeal Cookies

FRIDAY	
Petite Cobb Salad	Soup of the Day: Tomato
Baked Haddock with Crumb Topping Cheese Pizza Hamburg & Olive Pizza	
Rice Pilaf Oven Brownd Potato	Braised Red Cabbage Green Beans Almandine
Choice Ice Cream Cup	Blueberry Pie

SATURDAY	
Petite Mixed Green Salad	Soup of the Day: Fish Chowder
Grilled Ham Steak with Pineapple Ring Turkey Stew	
Peas Baked Potato Wedges	Brussels Sprouts Broccoli
Raspberry Jell-O	Apple Turnovers

WINTER WEEK 1 SUPPER CHOICES	
SUNDAY	
Petite Mixed Green Salad Soup of the Day: Roasted Pumpkin & Coconut	
Roast Turkey with Gravy & Cranberry Sauce Beef Stew	
Rice Pilaf Biscuit	Cauliflower Fresh Broccoli
Orange Whip	Tollhouse Cookies

MONDAY	
Waldorf Salad	Soup of the Day: Broccoli & Cheddar
Salisbury Steak with Gravy Baked Scallops with Crumb Topping	
Mashed Potatoes Peas & Red Onion	Zucchini in Garlic Oil Spinach
Carrot Cake	Cherry Jell-O

TUESDAY	
Fresh Fruit Cup	Cottage Cheese Soup of the Day: Chicken Noodle
Soy Ginger Chicken Breast BBQ Ribs	
Rosemary Roasted Potatoes Cucumber & Tomato Salad	Veggie Kale Blend Sweet Potato Fries
Strawberry Shortcake	Pear Crisp

WEDNESDAY	
Seafood Stuffed Mushrooms	Soup of the Day: French Onion
Grilled Ham & Cheese or Grilled Cheese on Hearty White Pot Roast with Gravy	
Peas & Corn Mashed Potato	Carrots Summer Squash
Choice Ice Cream Cup	Cream Horns

THURSDAY	
Mediterranean Chickpea Salad	Soup of the Day: Vegetable Barley
Beef Medallion Coconut Shrimp	
Parmesan Roasted Potato Wedges Roasted Harvest Vegetables	Wax Beans Broccoli
Blonde Brownie	Pistachio Pudding

FRIDAY	
Petite Greek Salad	Soup of the Day: Tomato
Cranberry Walnut Chicken Salad Croissant with Lett & Tom Lobster Macaroni & Cheese or Plain	
Mashed Potato Waffle Fries	Stewed Tomatoes San Francisco Blend Veggies <i>Broccoli, Red Pepper, Green Beans, Yellow Carrot</i>
Fruit Cocktail	Baker’s Choice Cookies

SATURDAY	
Bacon Wrapped Scallops with Honey Mustard Dip	Soup of the Day: Fish Chowder
Meatloaf with Gravy Pesto Chicken Thigh	
Mashed Potato Baked Sweet Potato	Roasted Veggies Parsnips
Coconut Cake	Vanilla Pudding

WEEK 1: 12/17-12/23, 1/14-1/20, 2/11-2/17, 3/10-3/16

****All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option**