SUMMER WEEK 2 LUNCH CHOICES SUNDAY

Scallops Wrapped in Bacon

Soup of the Day: Spinach & Tortellini

Roast Strip Steak

Shake & Bake Chicken with Gravy & Cranberry Sauce

Wild Grain Rice

Mushrooms & Onions

Baked Potato & Sour Cream

4 Way Mixed Vegetables

Ice Cream Sundae

Mud Bar

MONDAY

Waldorf Salad Soup of the Day: Cream of Mushroom

Baked Salmon with Soy Ginger Glaze

Sloppy Joe

Rosemary Red Potatoes

Corn O'Brien

Broccoli **Harvard Beets**

Butterscotch Pudding

Pear Almond Pastry Square

TUESDAY

Shrimp Cocktail Soup of the Day: Italian Wedding

Roast Pork Tenderloin with Caramelized Onions

Grilled Chicken Caesar Salad

Parslied Potatoes Italian Bread

Zucchini Squash **Green Beans**

Chocolate Cream Pie Peaches

WEDNESDAY

Watermelon Feta Mint Salad Soup of the Day: Corn Chowder

All Beef Franks BBQ

Angus Beef Burger Or Veggie Burger

Pasta Salad

Grilled Eggplant French Fries Capri Blend Vegetables

Carrot, Zucchini, Squash, Green Beans

Assorted Novelty Ice Cream Selection

THURSDAY

Pigs in a Blanket Soup of the Day: French Onion

New England Corn Beef Dinner BBQ Whiskey Maple Chicken Thigh

Turnip

Boiled Potato

Cabbage

Carrots

Bread Pudding

Spice Cake

FRIDAY

Red Bean, Feta & Pepper Salad Soup of the Day: Tomato

Baked Haddock with Lobster Sauce

Cheese OR Hamburger, Pepper & Onion Pizza

Pesto Pasta Salad

Roast Brussel Sprouts Snap Peas & Red Pepper

Cranberry Crisp

Wild Rice

Congo Bar

SATURDAY

Fresh Fruit & Cottage Cheese Plate

Soup of the Day: Fish Chowder

Pot Roast with Gravy Ham Salad on Marble Rye

Mashed Potato Peas & Carrots **Zucchini & Tomato** Spinach

Raspberry Jell-O **Boston Cream Pie**

> **All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

SUMMER WEEK 2 SUPPER CHOICES SUNDAY

Soup of the Day: Spinach & Tortellini Carrot Raisin Salad

Baked Eggplant Parmesan Turkey Noodle Casserole

Dinner Rolls Roasted Vegetables

Bow Tie Pasta Marinara Fresh Green Beans in Garlic Oil

Orange Jell-O Blueberry Cake

MONDAY

Four Bean Salad Soup of the Day: Cream of Mushroom

Chef Salad: Turkey, Ham, Swiss & Egg

Spaghetti & Meatballs

Garlic Bread

Lime Whip

Spinach

Macaroni Salad California Blend Vegetables

Broccoli, Carrot, Cauliflower

Macaroons

TUESDAY

Feta Spinach Orange Olive Salad

Soup of the Day: Italian Wedding

Meatball Stroganoff over Noodles

Cranberry Walnut Chicken Salad on a Croissant

Pickles & Chips Baked low fat & Salt-Free chips available

Buttered Noodles Apple Slaw Mashed Potato Asparagus

Choice Ice Cream Cup Baker's Choice Dessert

WEDNESDAY

Soup of the Day: Corn Chowder **Crab Stuffed Mushrooms**

Baked Chicken Wings: Bleu Cheese or Ranch Dip

Beef & Rice Stuffed Peppers with Tomato Sauce Topping

Potato & Egg Salad **Baked Sweet Potato** **Buttered Brussel Sprouts**

Onion Rings

Rice Pudding Cream Cheese Brownie THURSDAY

Fresh Fruit Cup with Cottage Cheese

Soup of the Day: French Onion

Grilled Ham Steak with Pineapple Ring Baked Scallops with Crumb Topping

Rice Pilaf

Mashed Potato

Honey Dill Baby Carrots

Pears **Apple Turnovers**

FRIDAY

Red Pepper Hummus & Naan Bread

Soup of the Day: Tomato

Western Omelet Marinated & BBQ Grilled Chicken Breast

Summer Squash with Basil **Roasted Vegetables**

Sweet Potato Fries Corn Muffin

Chocolate Pudding

Angel Cake with Strawberries

SATURDAY

Shrimp Cocktail with Lemon Soup of the Day: Fish Chowder

Clam Cakes **Beef Stew**

French Fries Buttermilk Biscuit Cole Slaw **Sliced Carrots**

Choice Ice Cream Cup

Baker's Choice Cookies

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option