

Menu applies: OCTOBER 16TH – 22ND / NOVEMBER 13TH – 19TH / DECEMBER 11TH – 17TH

FALL WEEK 4 LUNCH CHOICES

SUNDAY

Crab Cake with Roasted Garlic Aioli
Soup of the Day: Chicken Rice

Chicken Cordon Bleu with White Cream Sauce
Beef Roast with Onion Gravy

Baked Sweet Potato
Red Skin Garlic Mashed Potato

Sautéed Mushrooms
Bok Choy

Build Your Own Sundae
Cranberry Nut Bar

FALL WEEK 4 SUPPER CHOICES

SUNDAY

Petite Tossed Salad
Soup of the Day: Chicken Rice

Shrimp Skewer with Mango Salsa
Turkey BLT Croissant

Basmati Rice
Waffle Fries

Zucchini
Cucumber & Tomato Salad

Blueberry Pie
Lemon-Lime Jell-O

MONDAY

Red Bean Salad with Feta & Peppers
Soup of the Day: Harvest Vegetable

Marinated & Grilled Chicken Breast
Teriyaki Steak Medallions

Brown Rice
Corn

Broccoli
Pea Pods & Water Chestnuts

Chocolate Cake
Raspberry Whip

MONDAY

Crackers & Gouda Cheese
Soup of the Day: Harvest Vegetable

Roast Pork Tenderloin with Caramelized Onions
Grilled Pastrami & Swiss on Marble Rye

Green Beans w/ Red Pepper
Cole Slaw

Sweet Potato Fries
Roasted Baby Red Potatoes

Apple Turnover
Pears

TUESDAY

Tomato, Basil, Mozzarella Salad
Soup of the Day: Cream of Broccoli

Shake & Bake Chicken with Gravy & Cranberry Sauce
Crabmeat Roll

Roasted Potatoes
Peas & Onions

Diced Carrots
Spinach in Garlic Oil

Baker's Choice Dessert
Fruit Cocktail

TUESDAY

Petite Cobb Salad
Soup of the Day: Cream of Broccoli
Egg, Bacon, Chicken, Avocado, Bleu Cheese

Southwestern Turkey Chili
Baked Scallops with Crumb Topping

Roasted Mixed Veggies
Asparagus

Rice Pilaf
Corn Bread Muffin

Oatmeal Cookies
Butterscotch Pudding

WEDNESDAY

Potato Pancakes with Apple Sauce or Sour Cream
Soup of the Day: Borsht

Beef & Mushroom Stroganoff
Chef's Special

Buttered Egg Noodles
Chef's Choice

Braised Red Cabbage
Chef's Choice

Pecan Pie
Indian Pudding

WEDNESDAY

Mediterranean Chickpea Salad
Soup of the Day: Borsht

Veal Shnitzel
BBQ Chicken Legs

Zucchini
Dill Carrots

German Potato Salad
Dinner Roll

Choice Ice Cream Cup
Whoopie Pie

THURSDAY

Spanakopita
Soup of the Day: Corn Chowder

Roast Turkey with Gravy & Cranberry Sauce
Macaroni & Cheese

Roasted Acorn Squash
Parslied Mashed Potato

Turnip & Parsnip
Stewed Tomatoes

Mandarin Oranges
Macaroons

THURSDAY

Petite Caesar Salad
Soup of the Day: Corn Chowder

Cheese Manicotti Marinara
Shepherd's Pie

Herbed Garlic Bread
Cauliflower

Spinach
Wax Beans

Spice Cake
Bread Pudding

FRIDAY

Fresh Pineapple
Soup of the Day: Tortellini & Spinach

Baked Haddock with Herbed Butter
Feta, Red Pepper & Pesto OR Hamburger & Onion Pizza

Wild Rice
Dinner Roll

Fresh Asparagus
San Francisco Blend
Broccoli, Yellow Carrots, Red Pepper, Green Beans

Choice Ice Cream Cup
Baker's Choice Cookies

FRIDAY

Four Bean Salad
Soup of the Day: Tortellini & Spinach

BBQ Ribs
Chicken Tenders with Dipping Sauce

4 Way Mixed Vegetables
Cucumber Slaw

Succotash
Mashed Potato

Apple Crisp
Pineapple Peach Mango Mousse Pie

SATURDAY

Red Pepper Hummus & Naan bread
Soup of the Day: Haddock Chowder

Grilled Red Hot Dogs on Bun with Sauerkraut
Tuna Melt on Multigrain

Brown Bread
Waffle Fries

Sliced Beets
Brussels Sprouts

Blueberry Shortcake
Tapioca Pudding

SATURDAY

Petite Chef Salad
Soup of the Day: Haddock Chowder

Clam Cakes with Tartar Sauce
Chicken Stew

Apple Slaw
Summer Squash

French Fries
Cheddar Herb Biscuit

Blonde Brownie
Cherry Jell-O

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

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