

Menu applies: OCTOBER 9TH – OCTOBER 15TH / NOVEMBER 6TH – NOVEMBER 12TH / DECEMBER 4TH - DECEMBER 10TH

FALL WEEK 3 LUNCH CHOICES

SUNDAY

Scallops & Bacon Soup of the Day: Thai Vegetable
Baked Ham with Pineapple Sauce (or Plain)
Fried Chicken
Butternut Squash Broccoli
Baked Beans Creamed Pearl Onions
Ice Cream Sundae Chocolate Cream Pie

MONDAY

Veggie Stuffed Mushrooms Soup of the Day: Minestrone
Haddock with Dill Sauce (or Plain)
Grilled Steak Medallions
Mashed Potato Baby Carrots
Apple Stuffing Zucchini in Garlic Oil
Maple Walnut Cake Orange Jell-O

TUESDAY

Fresh Fruit cup Soup of the Day: Chicken Noodle
Turkey Meatloaf with Gravy
Lobster Macaroni & Cheese Or Plain
Peas Roasted Mixed Vegetables
Mashed Potato Stewed Tomatoes
Chocolate Chip Cookies Vanilla Pudding

WEDNESDAY

Red Bean Salad with Feta & Peppers
Soup of the Day: Curry Lentil
Chicken Alfredo
Chef's Special
Penne Pasta with Alfredo or Butter
Chef's Choice Fresh Broccoli
Chef's Choice
Pineapple Upside Down Cake Vanilla Custard

THURSDAY

Petite Chef Salad Soup of the Day: Clam Chowder
Spaghetti & Meatballs
Corned Beef Dinner
Garlic Knots Carrots
Boiled Potato Cabbage
Apple Squares Chocolate Pudding

FRIDAY

Crackers & Cheddar Cheese
Soup of the Day: Beef Barley
Cheese Pizza or Bacon, Mushroom & Onion Pizza
Baked Shrimp with Crumb Topping
Rice Pilaf Brussel Sprouts
Corn O'Brien Harvard Beets
Choice Ice Cream Cups Pumpkin Pie

SATURDAY

Petite Caesar Salad
Soup of the Day: Butternut Squash & Black Bean Chili
American Chop Suey
Grilled Chicken Sausage on a Roll w/Mustard Dill Sauce
Garlic Bread French Cut Green Beans
Macaroni Pasta Cauliflower
Pear Pastry Square Pineapple Tidbits

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

FALL WEEK 3 SUPPER CHOICES

SUNDAY

Fresh Berries Soup of the Day: Thai Vegetable
Beef Stew
Baked French Toast Casserole with Fruit Sauce
Green Beans Hash Brown Patty
Asparagus Cheddar Herb Biscuit
Ambrosia Ginger Cookies

MONDAY

Mediterranean Chickpea Salad
Soup of the Day: Minestrone
Hamburger/Cheeseburger or Veggie Burger
Tuna Salad Stuffed Tomatoes
Steak Fries Broccoli Slaw
Potato Salad Wax Beans
Peaches Baker's Choice Dessert

TUESDAY

Crackers & Pub Cheese Soup of the Day: Chicken Noodle
BBQ Pork Medallion
Baked Herbed Chicken Thigh with Gravy
Sautéed Bok Choy Acorn Squash
4 Way Mixed Vegetables Rice Pilaf
Cranberry Crisp Angel Food Cake w/Strawberries

WEDNESDAY

Petite Mixed Green Salad Soup of the Day: Curry Lentil
Spinach Mushroom & Swiss Quiche
Fried Haddock on Bun with Lettuce & Tomato
Tartar Sauce
Croissant Sliced Beets
Home Fries Cole Slaw
Choice Ice Cream Cup Crème Horn

THURSDAY

Shrimp Cocktail Soup of the Day: Clam Chowder
Roast Turkey with Gravy & Cranberry Sauce
Seafood Salad Roll
Spaghetti Squash Parslied Mashed Potatoes
Carrot Raisin Salad Yams
Pear Crisp Blueberry Turnover

FRIDAY

Spinach Artichoke Dip with Naan Bread
Soup of the Day: Beef Barley
BBQ Chicken Breast
Grilled Monte Cristo: *Turkey, Ham & Swiss on French Toast*
Apple Slaw 4 Bean Salad
Capri Blend Vegetables Waffle Fries
Carrot, Summer Squash, Zucchini, Green Beans
Raspberry Jell-O Baker's Choice Cookies

SATURDAY

Baby Spinach, Beet & Goat Cheese Salad
Soup of the Day: Butternut Squash & Black Bean Chili
Liver & Onions
Chicken Thighs w/ Rosemary Cream Sauce
Kale Veg Blend Mashed Potato
Spinach w/ Almonds Lima Beans
Banana Cake Pistachio Pudding

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option