

## SUMMER WEEK 1 LUNCH CHOICES

### SUNDAY

Crab Cakes with Garlic Aioli  
Soup of the Day: Potato Leek

Roast Turkey with Gravy & Cranberry Sauce  
Maple Dijon Baked Ham

Bread Stuffing  
Sweet Mashed Potato

Fresh Asparagus  
Baby Carrots

Ice Cream Sundae  
Almond Cookies

### MONDAY

Red Pepper Hummus with Naan Bread  
Soup of the Day: Vegetable

Chicken Thigh with Curry Sauce  
Sweet & Sour Meatballs

Egg Noodles  
Cilantro Lime Cucumber Salad

Green Beans  
Veggie Kale Blend

Mandarin Oranges  
Baker's Choice Dessert

### TUESDAY

Spanakopita  
Soup of the Day: Chicken Rice

Salisbury Steak with Gravy  
Maine Shrimp Alfredo

Linguini Pasta with Alfredo Sauce  
Bacon Garlic Mashed Potato

Snap Peas  
Capri Blend Veggies  
*Zucchini, Squash, Carrot, Green Beans*

Vanilla Custard  
Brownies

### WEDNESDAY

Seasonal Fresh Fruit with Cottage Cheese  
Soup of the Day: Chilled Strawberry

Grilled Chicken Sausage with Peppers & Onions on a Bun  
BBQ Baby Back Ribs

Corn on the Cobb  
Red Bliss Potato Salad

Cauliflower  
Summer Squash

Assorted Novelty Ice Cream Selection

### THURSDAY

Red Bean Salad with Feta Cheese & Peppers  
Soup of the Day: Beef Barley

Chicken Cordon Bleu with White Sauce  
Salmon Caesar Salad

Peas  
Mashed Potato

Broccoli  
Honey Glazed Carrots

Cream Puff  
Ambrosia

### FRIDAY

Crackers & Cheese  
Soup of the Day: Thai Coconut Vegetable

Baked Tilapia with Mango Salsa  
Pepperoni OR Spinach, Red Pepper & Onion Pizza

Rice Pilaf  
Baked Potato

Summer Ratatouille  
California Blend Veggies  
*Broccoli, Carrots, Cauliflower*

Peach Pie  
Raspberry Jell-O w/ Fruit Cocktail

### SATURDAY

Petite Caesar Salad  
Soup of the Day: Vegetable Chili

Chicken Cacciatore  
Beer Battered Shrimp with Tartar Sauce

Penne Pasta  
Potato Pancakes

Zucchini  
Cole Slaw

Apricot  
Lemon Jelly Roll

\*\*All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

## SUMMER WEEK 1 SUPPER CHOICES

### SUNDAY

Spinach Mushroom Orange Salad  
Soup of the Day: Potato Leek

Shrimp Jambalaya  
Grilled Pork Tenderloin Medallions

White Rice  
Baked Potato Wedges  
*Mushroom, Onion, Broccoli, Beans, Red Pepper*

Broccoli  
Japanese Blend Veg

Apple Pie  
Chocolate Pudding

### MONDAY

Petite Mixed Green Salad  
Soup of the Day: Vegetable

Cottage Cheese & Fresh Fruit Plate  
Roast Beef & Swiss Sub with Lettuce & Tomato  
Pickle & Chips *Baked low fat & Salt-Free chips available*

Macaroni Salad  
Croissant

Summer Squash  
Carrot Raisin Salad

Strawberry Shortcake  
Oatmeal Cookie

### TUESDAY

Mediterranean Chickpea Salad  
Soup of the Day: Chicken Rice

Shepherd's Pie  
Vegetable Lasagna

Breadstick  
Peas

Broccoli with Red Pepper  
Sliced Carrots

Choice Ice Cream Cup  
Blueberry Turnover

### WEDNESDAY

Petite Cobb Salad  
Soup of the Day: Chilled Strawberry

Haddock Tenders with Tartar Sauce  
Liver & Onions

French Fries  
Mashed Potato

Apple Slaw  
Beets

Marble Cake with Chocolate Frosting  
Pear Crisp

### THURSDAY

Tomato Basil Mozzarella Salad  
Soup of the Day: Beef Barley

Pork Roast Tenderloin with Gravy & Applesauce  
Chicken Skewers with Veggies

Spanish Rice  
Baked Potato Wedges

Wax Beans  
Grilled Veggies

Blonde Brownie  
Pistachio Pudding

### FRIDAY

Petite Strawberry Spinach Salad with Feta & Red Onion  
Soup of the Day: Thai Coconut Vegetable

Teriyaki Grilled Chicken Breast  
Pulled BBQ Beef Sandwich

Sweet Potato Fries  
Cold Sesame Noodles

Spinach Sautéed with Garlic Oil  
Broccoli

Apple Sauce  
Baker's Choice Cookies

### SATURDAY

Sliced Watermelon  
Soup of the Day: Vegetable Chili

Baked Macaroni & Cheese  
Tuna Melt Sandwich on Rye

Stewed Tomato  
Waffle Fries

Veggie Kale Blend  
Pesto Cucumber, Tomato & Mozzarella Salad

Choice Ice Cream Cup  
Bismark

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