

SPRING WEEK 4 LUNCH CHOICES

SPRING WEEK 4 SUPPER CHOICES

SUNDAY

Shrimp Cocktail
 Prime Rib Au Jus
 Braised Balsamic Chicken
 Brown Rice
 Mashed Red Potato
 Build Your Own Ice Cream Sundae

Soup of the Day: Potato Leek
 Roast Mushrooms
 French Zucchini
 Banana Cake

MONDAY

Grapes & Gouda Cheese
 Beer Battered Shrimp with Tartar Sauce
 Spaghetti & Meatballs
 Italian Bread
 Tater Tots
 Brownie

Soup of the Day: Corn Chowder
 Fresh Asparagus
 Fresh Green Beans
 Lemon Whip

TUESDAY

Petite Cobb Salad
 Maine Crabmeat Roll
 Baked Chicken Thigh Paprika
 Four Bean Salad
 Mashed Potato
 Baker's Choice Dessert

Soup of the Day: Italian Pasta & Chickpea
 Lemon Poppy Seed Cole Slaw
 Sliced Beets
 Mandarin Orange

WEDNESDAY

Spanakopita
 Chef Special
 Three Cheese Lasagna
 Chef Choice
 Butternut Squash
 Pineapple Mousse Pie

Soup of the Day: Cream of Tomato
 Chef Choice
 Wax Beans
 Rice Pudding

THURSDAY

Fresh Fruit Cup w/ Cottage Cheese
 BBQ Grilled Chicken Thigh
 Grilled Ham Steak with Pineapple Rings
 Dinner Rolls
 Baked Potato
 Chocolate Almond Cookies

Soup of the Day: Chicken Rice
 Fresh Summer Squash
 Snap Peas
 Apple Sauce

FRIDAY

Crackers & Cheddar Cheese Pub Spread
 Baked Haddock with Crumb Topping
 Cheese Or Spinach, Feta & Red Pepper Pizza
 Peas
 Potato Salad
 Ice Cream Cup

Cauliflower with Red Pepper
 Capri Blend Vegetables
Carrot, Zucchini, Summer Squash, Green Beans
 Baker's Choice Cookies

SATURDAY

Vegetable Egg Roll
 Chicken Tenders with Sauce
 Meatloaf with Gravy
 Mashed Potato with Chives
 Buttered Lima Beans
 Peach Shortcake

Soup of the Day: Beef Barley
 Carrots
 Green Beans
 Chocolate Pudding

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option

SUNDAY

Petite Mixed Green Salad
 Beef Stew
 Cheese Omelet
 Buttermilk Biscuit
 Mashed Potato
 Raspberry Jell-O

Soup of the Day: Potato Leek
 Fresh Broccoli
 Roasted Brussel Sprouts
 Pecan Pie

MONDAY

Carrot Raisin Salad
 Grilled Pesto Chicken
 Clam Cakes with Tartar Sauce
 Onion Rings
 Cous Cous
 Pear Almond Pastry Squares

Soup of the Day: Corn Chowder
 Cauliflower with Red Pepper
 Key Largo Vegetables
Green Beans, Carrots, Red Pepper
 Pineapple Tidbits

TUESDAY

Petite Caesar
 Frank & Beans
 Filet of Cod with Lemon
 Waffle Fries
 Rice Pilaf
 Lemon Cookies

Soup of the Day: Italian Pasta & Chickpea
 Summer Ratatouille
 Fresh Spinach
 Vanilla Pudding

WEDNESDAY

Petite Chef Salad
 Turkey Meatloaf & Gravy
 Tuna & Swiss Melt on Rye with Sliced Tomato
 Mashed Sweet Potato
 Peas
 Ice Cream Cup

Soup of the Day: Cream of Tomato
Pickles & Chips Available
 Fresh Asparagus
 Marinated Cucumber & Tomato
 Cream Horn

THURSDAY

Feta, Orange & Red Onion Spinach Salad
 Hamburger, Cheeseburger or Veggie Burger
 Fettucine Shrimp Alfredo
 Sweet Potato Fries
 Fettucine Alfredo
 Gingerbread

Soup of the Day: Chicken Rice
 Veggie Kale Blend
 Sautéed Garlic Mushrooms
 Grapenut Custard

FRIDAY

Mozzarella, Tomato, Cucumber & Pesto Salad
 Baked Rosemary Chicken Thigh
 Crab Cakes with Roasted Red Pepper Aioli
 Oven Brownd Paprika Potatoes
 Potato Wedges
 Strawberry Mousse Pie

Soup of the Day: Clam Chowder
 Roasted Vegetables
 Fresh Broccoli
 Cranberry Crisp

SATURDAY

Cranberry, Walnut, Feta & Spinach Salad
 Baked Macaroni & Cheese
 Grilled Pork Medallions w/ Applesauce
 Roasted Baby Red Potatoes
 Yams
 Apple Squares

Soup of the Day: Beef Barley
 Stewed Tomatoes
 Red Kale
 Lemon Jell-O

**All desserts have a Sugar-Free option & all Ice Cream has Lactose-Free option